

CURRENTLY CUMBERLAND

...IS FULL OF BLACK BEARS, APPLES AND UNICYCLES.

OCTOBER 2011

ANNOUNCEMENTS

The folks who moved 35 Centennial Place Senior Residence cats to new safe homes, and have spayed & neutered over 100 cats - including those behind the Credit Union and near the BMX Tracks are having a fundraiser "WALK FOR THE KITTIES" Sunday Oct 16 at the Courtenay Airpark, 10AM-1PM. Registration & sponsorship packages available, email kittycatpals@hotmail.com, call 250-218-7223.

Anyone interested in playing indoor, pick-up, i.e. **FRIENDLY, SOCCER** over the next few months, please call Michel at 250-218-2618. I'd like to start a group early in October.

CUMBERLAND 2012 CALENDARS NOW AVAILABLE. History, nature, local landmarks. Legal size, includes mailing envelope. \$15. Contact Gale at woowhee@shaw.ca or 250-336-2064

Anyone interested in helping to create a **CUMBERLAND FRINGE FESTIVAL** to be held next September long weekend? Please contact the Town Crier at kevin.flesher@gmail.com to be included in an organizational meeting. Cumberland boasts a plethora of venues that could be ringing with laughter and applause for a weekend. The Victoria Fringe ends the previous weekend; we could host the final fringe of the season and bring some really inspired performers and patrons to town. This festival would bolster and promote Cumberland's image as a bastion of expression and creativity and help foster economic growth.

Two Cumberland families looking for a Third family **INTERESTED IN CARPOOLING IN THE MORNING TO ECOLE PUNTLEDGE.** Call 250-400-8678.

250.650.0099
chrissperber@remax.net | chrissperber.com

Chris Sperber
 ASSOCIATE REALTOR

RE/MAX Ocean Pacific Realty
 282 Arderton Rd., Comox, BC
 250.339.2021

Ryan Williams
 REALTOR





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Tara Miller, RMT Carolyn Brett, RMT Kirsten Werner, RMT

"we've stopped counting on our fingers,
 and we're finally in the 21st century."

NOW ACCEPTING
 PAYMENT BY DEBIT & CREDIT CARD!

Elect Roger Kishi
Cumberland Council
November 19



www.facebook.com/Roger4CumberlandCouncil

WOMEN'S CANCER SUPPORT GROUP: Would like to start a group in Cumberland. To meet once a month, date, time and location to be discussed with participants. Please phone Leslie at 336-2718.

Caroline and Mike Tymchuk are pleased to announce the **GRAND OPENING OF THEIR PIZZA PARLOUR, "RIDERS PIZZA"**! Licensed family dining 3-9 PM daily, take-out, and pizza by the slice. Look for the opening of "Riders Pizza" on Dunsmuir in early November.

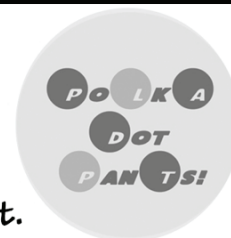
YES FOLKS! She's "letting go"!!! Our own "wannabe actress Darilyn is clearing the clutter just in time for Halloween!!! The years of collecting costumes for all occasions will be on display and for sale cheap at Alley Cuts Hair Salon after OCT.3rd... Come on down and play dress up with me...you'll be cleaning my garage at the same time!

The **HERITAGE FAIRE AND LANTERN FESTIVAL** are joining together as one, to hold their events in February. Anyone wishing to join us in organizing this event please attend the meeting on October 3rd at 1PM at the OAP Hall. If you have questions please contact Barb at 250-336-8845.

HEY KIDS! Interested in stepping into the "Limelight"? Drop in **SPEECH ARTS CLASSES** begin on MONDAY, October 3rd after school at Alley Cuts Hair Salon. Darilyn will coach you through various monologues and poetry with emphasis on stage presence and fun! There will be continuing opportunities to perform in the North Island Festival of the Performing Arts and venues in our own Beautiful Cumberland! If it's your year to shine please call for more info... 250-334-1082 or 250-336-8224, as space will be limited to 10 participants!

WANTED Front load washing machine. Please contact: Nick Ward 250-331-2288

come and shop in downtown cumberland!
 there are a lot of really great stores,
 some fantastic eats,
 and many kind, helpful & super good-looking shop-keepers.
 especially at polka dot pants! ridiculously good looking.
 come and get some happy. shop downtown cumberland. do it.



consignment & new
 clothing & more
 men/women/infants
 open tues - sat
 10:30 - 5
 336-0303
 2720 dunsmuir
 cumberland
 earth

WEEKLY EVENTS

SUNDAYS WEEKLY

CUMBERLAND COMMUNITY CHURCH
Sunday service is at 10:30AM. Located at 3rd and Penrith. Everyone is welcome.

CUMBERLAND UNITED CHURCH, 1st and Penrith. Sunday Service 11am with lunch to follow at 12, Sunday School at 11AM. Minister: Julianne Kasmer, 250-400-7800
Choir Director: Eve Mark, 250-338-4785

TUESDAYS WEEKLY

CUMBERLAND CENTENNIAL ROTARY meets 7AM at Carmie's Café. Interested in knowing more about Rotary? Please attend a meeting as our guest. Call local Cumberland Rotarian Linda Oprica at 250-336-2636.

NO. 6 MINE PARK WEEKLY WORK PARTY from 10AM-12PM. Nature lovers, gardeners, and families are encouraged to come lend a hand. The new play structure is installed this month!!!!

UROC ALL AGES RIDES leave from Dodge City Cycles Tuesdays at 5:30PM. Everyone Welcome! Call 250-336-2200 for more info.

LINE DANCING at 6:30PM in the Cumberland Community Church 3rd & Penrith everyone is welcome. It's a twoonie. Come out and have some fun and meet some new people. FMI call Charissa 250-336-2275

Royal Canadian Legion Br.28 Cumberland. LEGION BINGO 7PM, 24 games. Every Tuesday.

WEDNESDAYS WEEKLY

GUIDED MEDITATIONS at 7PM, at Healing Hearts Studio, corner of Kendal Ave (by the Peace Park) & Crescent St. in Cumberland. No experience necessary. The fee is \$2 drop-in with part proceeds to the Courtenay Food Bank. Non-perishable food items gratefully accepted. Come check it out. Special meditations for the Full and New moons. Call 250 336-8902 FMI

Cumberland United Church ALL AGES CHOIR Practice 7PM, on Wednesday evenings - everyone welcome, call Eve 250-338-4785 for more information.

"Systema" Russian Martial Art. Training every Wednesday 7:30-9PM at the Abbey in Cumberland. Relax, move, breathe, survive! Open to anyone with or without martial art background. FMI call Vali 250-218-8097. Drop ins welcome.

FRIDAYS WEEKLY

Friday night FUN DARTS at the Legion, 7:30PM. Every Friday.

This sheet of paper is green...
we print on 100% recycled paper.



The Rotary Club of Cumberland Centennial

www.rotarycc.org

The Rotary Club of Cumberland Centennial wishes to thank all those supporters who contributed to the success of the Extravaganza Italiana.

Meets Tuesdays 7AM - Carmie's Cafe - All welcome!

CUMBERLAND UNITED CENTRE FOR THE ARTS
Cumberland United Church

ORGAN CONCERT

Sunday, October 23, 3 pm
by Donation



Featuring
ALAN WHITSMORE,
Minister of Music,
Knox United Church,
Parksville.

AND
EVE MARK, Soprano,
featured soloist

FALL HARVEST DINNER

5 pm following the Concert

Bountiful Dinner with
all the Trimmings
and Pie a la Mode



\$15. \$5. children under 12.
Reservations: 250.400.7800

Everyone Welcome!

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SATURDAYS WEEKLY

COMOX VALLEY FARMERS MARKET
October is for feasting! Find everything you need for your harvest feast fresh from your local farms! 9-12 every Saturday year-round. Outside until the 15th of October, at the Native Sons Hall from the 22nd on.
Entertainment this month:
October 1st Celtic Cargo Cult
October 8th Todd Butler
October 15th Ralph Barrat
October 22th Helen Austin (1st day at the Native Sons)
October 29th Corwin Fox
Come for the freshness, stay for the fun!
FMI 250.218.0321,
www.comoxvalleyfarmersmarket.com
Follow us on Facebook!

GROUP MEDITATION, Saturdays from 10-10:45AM, at the Cumberland United Church. Non-denominational, all are welcome. 1st & Penrith.

FLOW YOGA Saturdays! 10-11:30AM, at The Abbey (corner of Penrith & 1st) Come and enjoy Flow Yoga in a friendly atmosphere. A great way to start the weekend! Beginners to advanced. All welcome! \$10 drop-in. For info: Helen 250-650-0126, Facebook: Cumberland Yoga Collective or helen@wonkystuff.com.

OCTOBER EVENTS

SATURDAY, OCTOBER 1

Join the Cumberland Museum & Archives from 9AM - 5PM for **BLACKBERRIES APPLES & BEARS**. Featuring family friendly activities all day long at the Museum, Cultural Centre and OAP. Bear Aware Education, Documentary Films, Workshops on Permaculture & Medicinal Plants, Apple Sports & Games, Apple Pressing, Butter Making, Harvest Crafts, Terrarium Making, Shooting Star Kites, Dough Dragons, new Cumberland Museum exhibits and the famous Cumberland Pie of the Year Contest! Community partners include Seeds Natural Foods, Harmonic Arts, CVRD, Cumberland Community Schools Society, Our Big Earth, Cumberland Rotary, Lush Valley the Village of Cumberland and others! Bring the kids, grandparents and your neighbours and hang out at a unique Village-Style Fall Fair.

Celebrate Harvest time during the 'Blackberries Apples and Bears' Festival event at Seeds. **KIDS COME BY THE STORE TODAY FOR A FREE MINI PUMPKIN.** Grown-ups come by between 2:00 and 5:00 to taste fabulous food created by "As You Like It" Catering.

SATURDAY, OCTOBER 2

UROC presents **THE FALL CLASSIC** Cross Country Mountain Bike Race. 100% of the proceeds donated to the CCFS! This is another family friendly UROC event; open to men, women and racers of all ages. Call Dodge City Cycles at 336-2200 for race registration info.

blackberries apples & bears



A VILLAGE FALL FAIR

**SATURDAY
OCTOBER 1ST**

**Cumberland Museum
Cultural Centre and Beyond!
9 am to 5 pm**

2011 Pie of the Year Contest
and.....

Apples Sports and Crafts

Food Workshops

Heritage Exhibits and Activities

Edible Plants Tour

Mini Film Fest

Community Info

Bear Aware Activites

Food, Games, Music, Fun!

www.cumberlandmuseum.ca



Seeds Food Market



October - Weekly Specials

We sell a variety of Pumpkins!
Fresh and Organic Canned



Saturday, October 8

One Day Only!
Inventory Reduction
Sale

10% off on purchases over \$20
15% off on purchases over \$50
20% off on purchases over \$100
(* some exceptions apply)

October 10 - 16

Nile Spice
Soup Cups
\$1.99 each



October 17 - 23

Harmonic Arts
Teas
15% off



September 24 - 31

Free Pumpkin
with purchase
over \$50
Happy Hallowe'en!



Cumberland's Grocer located at 3rd & Dunsmuir Open 9:30 - 6:30 Everyday 250-336-0129

Good Wholesome Food at Affordable Prices

Cumberland Recreation

250-336-2231 2665 Dunsmuir Ave

NEW PROGRAMS FOR OCTOBER 2011!



Painting and Art Classes

Artist Ruby Hettervig will offer some exciting art classes for Cumberland Recreation this fall and winter. Ruby has extensive experience both as an artist and a teacher with a current show at the Pearl Ellis Gallery.

Children's Art Classes

Painting a Rock to Look Like a Pet Animal

Ages: 6 - 12 yrs

Time and Date: 10 am - 2 pm Saturday, November 12th

Cost: \$32.00/child. All materials supplied

Card Making for Kids

Ages 6 - 12 yrs

Time and Date: 10 am - 2 pm Thursday, November 24th (Pro D Day)

Cost: \$20.00/child. All materials supplied

Adult Art classes

Beginner Painting with Dyes on Silk:

Ages: Adult

Times and Dates: 10 am - 2 pm Saturday October 29th & Sunday October 30th

Cost: \$55.00 for the two day workshop. All materials supplied

Painting Candles for Decoration and Use

Ages: Adult

Time and Date: 10 am - 3 pm Saturday December 10th

Cost: \$34.00/person. All materials supplied.

Sculpted Body Fitness Class

Fitness Trainer Nancy Victoria will lead this class which is geared toward body toning and weight loss. Use of fitness balls, body bars and cardio exercises will make this an interesting fun class for all participants.

Ages: Adult

Times and Dates: Tuesdays 9 - 10 am October 4th - Dec 6th

Cost: \$60.00/10 classes

Changes to Zumba

Ages: 14 and over

Day/ Time: Thursdays 6:00 - 7:00 pm

Session: Sept 22nd - Dec 22nd, 2011

Cost: \$68.00 + HST/14 sessions or \$6.00 + HST Drop-in

Instructor: Javier Acevedo

Pro - D Day Fun with Sherri Roffey

Ages: Kindergarten - Grade six

Time and Date: 9:00 am - 2:30 pm Friday October 21st

Cost: \$20.00 per/ child. \$15.00 for each additional child in the same family.

All sorts of Sports for Girls and Boys

Ages: 5 - 10 yrs

Try a variety of sports and games to see which suits you best.

Time and Date: October 3rd - November 28th 3 - 4 pm

Cost: \$46.00/8 sessions

THURSDAY, OCTOBER 6

MARYANN COYLE AND ROXY KIRBY have an exhibit of their artwork opening tonight at 7PM at the Corre Alice Gallery at 2781 Dunsmuir Ave. Showing all month long.

FRIDAY - MONDAY, OCTOBER 7 - 10

TURKEY SALE AT MOUNT WASHINGTON. Mount Washington thanks you with up to 70% off merchandise in Altitude and Mountain Tek and free Mile High Chairlift rides Saturday 1-4PM. View our new magic carpets (part of the new Easy Acres learning program which will make learning to ride easier than ever) and the new Mountain Sports Centre during their grand opening. Happy Thanksgiving from Mount Washington!

SATURDAY, OCTOBER 8

HUGE INVENTORY REDUCTION SALE AT SEEDS today – not to be missed! 10% off on purchases over \$20. 15% off on purchases over \$50. 20% of on purchases over \$100. (some exceptions apply)

FRIDAY, OCTOBER 14

Royal Canadian Legion Branch 28 Cumberland, **SOUP & SANDWICH** 11AM-1PM.

SATURDAY, OCTOBER 15

Cumberland Community Church, corner of 3rd & Penrith, invite you to a **DINNER AND DESSERT.** Limited seating. Phone for reservations 336-2456, 336-8765, and 336-8432. By donation at the table. Proceeds to Operation Christmas Child (shoe boxes.)

SUNDAY, OCTOBER 16

GUN SHOW (Buy, Sell and Trade) at the Courtenay and District Fish & Game Protective Assn. From 9AM to 2PM. Breakfast and lunch available. Entry is \$3 for men 19 and over, ladies and children are free. Contact Bob at 250-339-1179.

THURSDAY, OCTOBER 27

Cumberland Museum **ANNUAL GENERAL MEETING** at 7PM

FRIDAY, OCTOBER 28

Royal Canadian Legion Branch 28 Cumberland, **SOUP & SANDWICH** 11AM-1PM.

SATURDAY, OCTOBER 29

Cumberland Museum - **SUPER SPOOKY HALLOWEEN OPEN HOUSE** from 12-5PM

MONDAY, OCTOBER 31

CUMBERLAND TRICK or TREAT PARADE. Gather at the CRI at 4PM and Parade down Dunsmuir Ave, showing off your spooky costumes, collecting treats from the Cumberland Downtown Businesses, then make your way back to the Cumberland Recreation for hotdogs and juice. *Sponsored by the Cumberland Downtown businesses and the CRI. Road safety provided by Cumberland Centennial Rotary.*



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Come stay, play, relax and enjoy our beautiful private self catered guest suite situated on a beautiful 1/2 acre in the heart of Cumberland
 1 bedroom (sleeps up to 5), 1 bathroom
 locked storage for bikes, skis and other sporting equipment
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Royal Canadian Legion Branch 28 Cumberland



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dcc
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Cumberland Fire Rescue is Recruiting!

We are looking for Citizens interested in becoming a part of our membership and supporting your Village's Fire Safety Rescue and Prevention Programs.

We need individuals that are in good health and who like to help others. Are you the type of person that will take the time to stop and help a stranger in time of need? Will you drop what you're doing at a moment's notice at any time of day or night to go help a stranger or a friend? We have a place for you with the rest of us at Cumberland Fire Rescue. If you have these qualities we can teach you how to use them to become a Volunteer Firefighter, a Medical First Responder or an Auto Extrication Technician. Together with dedication and the honor to serve; come respect, courage, and valor. There is no feeling like helping a fellow human being in time of need. No matter what the response, from a raging house fire to changing a battery in a smoke alarm, we are there to help when the call is given to help someone.

So if you have some time to give, come join the other dedicated members. Learn some life saving skills. Come see us at the Fire Hall on Tuesdays; the best day of the week to talk to us about how it all works. We are especially looking for Daytime Responders; people who are around the Village in the evenings and between 8:00 am to 5:00 pm for daytime responses. People that have truck-driving experience are also needed. Thanks!

Your Fire Chief, Mike Williamson

FOR RENT

Hold your next event, group meeting, concert, theatrical performance or community gathering at Historic Cumberland United Church! Great rental space with superb acoustics. Kitchen and Dining areas also available. **REASONABLE RENTAL RATES.** Please call Linda -250-336-8429.

ONE BEDROOM FOR RENT Oct 1st in bright & spacious rancher. Must be clean, quiet, mature, & respectful individual. References required. \$500/mo. Internet, heat, hydro, & laundry included. No smoking. We have a hypoallergenic dog. Call Andy & Christine 250-400-2910.

Shared **STUDIO SPACE FOR RENT** at Corre Alice Gallery. 250-400-4099.

NEED A HAND?

DOBSON'S LAWNS AND GARDENS Lawn cut and gardening services, small trash removal, hedge trimming. 20 years experience. Fully insured. Call Rick at 250-336-8944.

WARREN'S WRECKING YARD needs scrap vehicles! Will pay \$50/car, more for good ones. Keys locked out? He does that too! Call 336-8946.

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IF YOUR PET is unbecoming to you it should be coming to me! Call **GAYLE'S GROOMING** at 250-336-8601.

EVE'S MUSIC STUDIO "*Sounds Beautiful*". Voice and Piano Lessons for all ages. Call Eve Mark, cell 250-218-8302 or 250-338-4785, or email evesmusicstudio@hotmail.com. Located at 560 3rd St, Courtenay. Visit Eve's Blog for more info at evesmusicstudio.blogspot.com

CHILDCARE

KIDDIE CORNER CHILD CARE has space available in the day and afterschool including pick up at Cumberland Elementary. We are a fun, licensed, family oriented environment that focuses on learning through play. Please call Dana to register. 250-336-0173.

EUPHORIA Before & After School Care! Fun, hands on, nature based Before & After School Care that your kids will love. Register Now! Mon-Fri. 6:30-8:35 & 2:30-5:30. Drop in care available. Call Michelle 250-336-0149.

FOR SALE

NUTRISOURCE JUICER for sale. Purchased from Zen Zero, excellent clean condition - \$75. **CLASSIC OSTER KITCHEN MIXER** for sale. Comes with 3 and 5 quart glass bowls, salad chopper and meat grinder attachments, beaters, dough hooks - \$40. 336-7902.

With careful consideration of the environmental impact of this project we choose to print on 100% recycled Canadian paper using vegetable based inks at Classic Printers in Courtenay BC. While every care is taken in compiling the contents of each issue, the publisher of Currently Cumberland assumes no responsibility for any damage, loss, or injury arising from participation in any offer, competition, or advertisement contained in Currently Cumberland. We also reserve the right to refuse advertising.

Please email currentlycumberland@gmail.com or call 250-336-8996 to advertise!

Simple Classified Ads start at just \$5

NOVEMBER ISSUE DEADLINE: October 17

Display Ads start at \$45

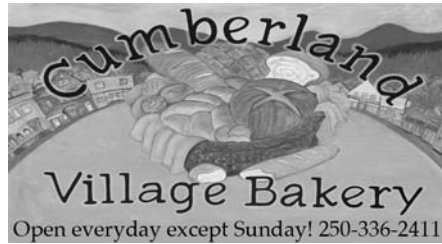
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Dr. William K. Armstrong, DDS



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WED Our Famous Burger Night starts at 2:30!

THUR Steak Night: Certified Angus New York Steaks: Amazing quality & value

FRI Roast Beef Night... a Waverley Tradition and Weekly Selections with International Flair

SAT Stuffed Yorkies & Appy Specials

SUN Brunch Specials including "The best damn steak & eggs in the Valley"

*Fast, Fresh, Innovative Food...
Catch the "Wave"*

Dwain's Liquor Store, Cold Beer & Wine
9AM - 11PM DAILY



Cumberland Community
Schools Society

After-School Programs, Adult & Family Programs, Healthy Lunches at Cumberland Elementary, Fantastic Community Events! Come & Get Involved! Contact our coordinator Samantha at ccss.coordinator@gmail.com, call 250-336-8521, cumberlandcommunityschools.com, facebook.com/cumberlandcommunityschools.

DANCE/MOVEMENT CLASSES

DANCE CLASSES WITH CATHY STOYKO at the Abbey in Cumberland, 1st & Penrith Ave.

Wednesdays 6-7:30PM **BELLY DANCE & BEYOND** - explore dances from the Middle East, the Romany "gypsy" trail and India. Ongoing until Nov.30th.

Mondays 10-11:30AM - Temple Flow **SHIV PRAYER DANCE**, an introduction to devotional dance, learn mudras... a gentle moving meditation for all genders & ability levels. Ongoing until Nov.28th. Drop in \$15 or register for 8 + classes and pay \$10/class. For more info call Cathy at 250-218-0704, cathystoykodance@blogspot.com. Hope to dance with you!

"Systema" **RUSSIAN MARTIAL ART**. Training every Wednesday 7:30-9PM at the Abbey in Cumberland. Relax, move, breathe, survive! Open to anyone with or without martial art background. FMI call Vali 250-218-8097. Drop ins welcome.

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250-400-0264, Cumberland

DANA DIXON PERSONAL TRAINING Available right here in Cumberland! Call to get fit today! At home programs available as well as in gym programs at our own Cumberland Rec. Centre! Please call to register today 250-702-4209. My qualifications include BCRPA Personal Trainer, BCRPA Weight Trainer and CF-L1.

LOOKING TO HAVE A HEALTHY HOME, Healthy Nutrition, Healthy Beauty, and Healthy Weight? Visit our website at www.cytworks.myshaklee.com to learn more about **SHAKLEE** and their Products. Contact your Shaklee Distributors Andy & Christine at 250-400-2910 or happyhealthyu@shaw.ca.

Do you have a new baby or about to have one? Are you new in the community? Call Charissa. **WELCOME WAGON OR BABY WELCOME.** 250-336-2275