



# CURRENTLY CUMBERLAND

...IS HAVING FUN IN THE SUMMER SUN!

July 2009

Volume 1, Issue 5

## ONGOING COMMUNITY EVENTS

### MONDAYS WEEKLY

**COAL HILLS BMX:** The newest Olympic sport is alive & fast in Cumberland! Monday night clinics with Justin Mudge starting at 6:30PM begin July 6th. FMI nikandjim@shaw.ca or call 250-339-0370

### TUESDAYS WEEKLY

**UROC COED GROUP** mountain bike rides. Meet at the Riding Fool Hostel/Dodge City Cycles building, rain or shine at 6pm. You must be a UROC member with Cycling BC insurance to ride with this group. FMI www.unitedridersofcumberland.com

**KIDSPIN EXPERIMENTAL CREATIVE MUSIC CAMP** 9:30AM-10:30AM for 4 classes from July 7-21 with Joanna Finch. For kids 7-10 years old, (confident 6 year olds welcome!) \$40 per child. (Discount for siblings. Registration required by July 3.) FMI 250 336-2474 info@joannafinch.com

**KNITTING IN THE VILLAGE** 11am - 1pm at the Village Yarn Shoppe, 2719 Dunsmuir Ave, 336-2484

**BINGO** at the Cumberland Royal Canadian Legion at 7pm, 24 games, and all monies are donated to charity. Everyone Welcome!

### WEDNESDAYS WEEKLY

**UROC WOMEN'S GROUP** mountain bike rides. Meet at the Riding Fool Hostel/Dodge City Cycles building, rain or shine at 6pm. You must be a UROC member with Cycling BC insurance to ride with this super fun & supportive group. FMI email alice.grasby55@gmail.com and check out www.unitedridersofcumberland.com

Did you know that Ice Cream was invented in China? The Italians refined it after Marco Polo returned from China with the recipe in 1295 by using cream instead of milk. Gotta love Italy.

Van Island-made Udder Guys Ice Cream

10% off for the month of July

(Have you tried this ice cream? Soooooo good!)



Natural Food Market

Cumberland's Grocer

**WEDNESDAY NUMBER 6 MINE PARK** weekly work party, 10am-12pm. Everyone is welcome at this volunteer event. Bring your gloves, and tools if you have them, and bring your green thumbs too!

### THURSDAYS WEEKLY

**KNITTING IN THE VILLAGE** 1-3pm at the Village Yarn Shoppe, FMI 336-2484

**COAL HILLS BMX:** The newest Olympic sport is alive & fast in Cumberland! Thursday night racing sign-up from 6:00PM-6:30PM, FMI call 250-339-0370 or email nikandjim@shaw.ca

Get your event listed! Advertise your talents!

Email [currentlycumberland@gmail.com](mailto:currentlycumberland@gmail.com), call 250-336-8996, or drop your info off at Seeds.

**August Deadline July 27th** Free Events & Free Store ads FREE  
Otherwise \$5/1-40 words, \$15/41-80  
Contact Kathryn for Display Ads

### FRIDAYS WEEKLY

**VOCAL EASE** Summer singing & movement classes 9:30-10:30AM. Explore improv singing, express your authentic voice, stretch, & contact improv at the Abbey. \$12 drop in, \$35/4 classes, pre-registered. 5% goes to the Lani Alton Society. FMI 336-2474, www.joannafinch.com

### SATURDAYS WEEKLY

**Royston-Cumberland Lions YARD SALE** on Saturdays July 4, 11, 18 and August 1, 8, 15 from 9AM till 2PM. 3290 - 3rd Street Cumberland, weather permitting.

**COAL HILLS BMX:** 2 - 3pm sign-up time for racing. New riders always welcome! No one sits on the bench in BMX. FMI nikandjim@shaw.ca or call 339-0370

### SUNDAYS WEEKLY

**Seeds Food Market** is open Sundays 10:00am - 5:00pm for the summer. Why leave Cumberland? BBQ supplies, brunch items, and anything else you might need to enjoy your day of rest.

## CUMBERLAND DENTAL CENTRE

PO BOX 468, 2763 DUNSMUIR AVENUE,  
CUMBERLAND, BC V0R 1S0



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Fri & Sat 11am - 3am  
Sun 12pm - 12am  
**250-338-1141**

## COMMUNITY EVENTS

### WEDNESDAY, JULY 1 CANADA DAY!

You are invited to a RED & WHITE party at the empty lot beside the ILO ILO on Dunsmuir Ave from 2 – 4PM. Wear your Canadian colours and join the fun as we celebrate Canada's birthday and the rebirth of this newly purchased community green space. Free treats, face painting, arts & crafts, live music, a Cumberland Doughnut eating contest and lots of Cumberland community fun!

### JULY 2, 3, 6, 7, & 9

VOCALISE SINGING WORKSHOPS with Joanna Finch 3:00-4:30pm at the Abbey in Cumberland. Explore scat singing, improvisational harmonies and movement games in these mini introductory Level ONE workshops. \$15/session or \$55 for all 5. FMI 250-336-2474, www.joannafinch.com

### SATURDAY, JULY 4

#### July 4<sup>th</sup> Independence For All!

Silent Auction & Benefit Concert for Lani Alton at the Cumberland United Church/Cumberland Centre for the Arts from 7:30PM - 10:00PM.

### SUNDAY, JULY 5

Cast of RENT, Pianist Kris Epps, Tenor Ashley Foot perform at the Cumberland United Church 10AM service. The RENT cast will sing a song from the show, and singer Ashley Foot will perform two spirituals accompanied by Kris Epps, an award winning concert pianist from Montreal, Quebec. Everyone welcome!

### SUNDAY, JULY 5

ARGENTINE TANGO in the Filberg Park, Comox from 5 to 7PM, under the tent on the Filberg Festival Stage (upper lawn) Weather Permitting ~ Free admission. Bring lawn chair & outdoor 'tango' shoes. Please R.S.V.P. to dirtdiva@yahoo.com

### SUNDAY, JULY 5

CYMC MUSICAL THEATRE 2009 STUDENT SHOWCASE, a FREE show at 7:30PM at the Cumberland United Church/ Cumberland Centre for the Arts. The cast of RENT will sing, perform monologues, dances & short scenes as a thank you to the Village of Cumberland for hosting them this summer.

Recreation: Better Choices, Better Future

Pools • Wellness Centre • Arenas • Meeting Rooms

CV Sports Centre  
3001 Vanier Drive, Courtenay

CV Aquatic Centre  
377 Lenwick Road, Courtenay

Tel: 250-334-9622  
www.comoxvalleyrd.ca



### PUBLIC NOTICE

#### Stage 2 Watering Restrictions One Day/Week Lawn Watering in Effect

Residents may water with a sprinkler between the hours of 4:00am to 10:00am and 7:00pm to 10:00pm as follows:

- Even number addresses on Wednesday only
- Odd number addresses on Thursday only

Hand watering and car washing with hand held container or hose with shut off nozzle permitted anytime

During Stage 2 no person shall use water to wash sidewalks, driveways, or parking lots, exterior windows or exterior building surfaces except as necessary for applying paint, preservative or stucco, preparing a surface prior to paving or repointing brick or if required by law to comply with health or safety regulations.

Bylaw 807 is posted at www.cumberlandbc.net or pickup a copy at the Village office.

Thank you for your co-operation.



### SATURDAY & SUNDAY, JULY 11 & 12

ROOTS, ROCKY, REGGAE at Mount Washington brought to you by Rocky Mountain Bikes. Rocky bike owners get free bike park tickets on Saturday, July 11th! On Sunday July 12, Rocky riders can bring a friend (regardless of what bike brand they're riding!) to the ticket window for 2 for 1 bike park tickets. Head up to Van Isle's premiere bike park and blaze a trail with Wade Simmons & the Rocky team. There'll be demos, mountains of prizes & giveaways, BBQ, and of course, Reggae music in the air!

### TUESDAY, JULY 7

CYMC Musical Theatre: RENT Open Rehearsal. Members of the public are cordially invited to an open rehearsal of RENT at the Cumberland Cultural Centre from 5PM-6PM. FREE Community event.

During a lifetime, the average person eats about 35 tons of food! Shop locally - buy some of it at Seeds ☺



### SUNDAY, JULY 12

FREE YOGA Come by at 9AM to the No. 6 Mine Park for a 1.5 hour hatha yoga practice; stretch, relax, center and ground yourself. In case of poor weather class will be at the firehall. BYO mat. FMI Bryan 336-8005 or go to www.bhill.ca

### WEDNESDAY, JULY 15TH

Seeds participates in the Comox Valley 30-Day Eat Local Challenge. Open House - free food demos, local food quizzes, and specials on local farm products. Visit Cumberland's own local market and learn more.....

### WEDNESDAY, JULY 15TH

Cumberland Culture and Arts Society Annual General meeting at Tarbell's Coffee Bar at 7PM. Everyone is welcome as the Society is actively seeking new members and new directors to support more live music and spoken word events in Cumberland. Any interested people with new ideas for art and culture in Cumberland and anyone who is willing to give a bit of time are encouraged to get involved. FMI contact Diana Paige, email dipaige@hotmail.com.

### SATURDAY, JULY 18

VOCALISE Adult Workshop 11:00AM-2:00PM at the Abbey. Three hours of fun, creative vocal discoveries for women and men. Choir members-stay connected to your voice over the summer! FMI 250-336-2474 or email info@joannafinch.com

### SATURDAY & SUNDAY, JULY 18 & 19

CELEBRATION OF THE ARTS BY ARTISTS Jonal Fine Art Studio/Gallery invites you to celebrate the creations of over 13 artisans & artists situated throughout their beautiful gardens. There'll be a wonderful selection to purchase from for your wall, garden or your person. Fine art, whimsical water fountains, beautifully crafted glass pendants, and much more. This new event is sure to surprise & delight. Admission \$2, from 10AM – 4PM.

### MONDAY, JULY 20

Cumberland Masonic Hall CHARITY BINGO. Doors open at 5:30pm and games begin at 7pm. Snacks and refreshments available. Come out & help fundraise for the Cancer Car program.

Currently Cumberland is published monthly and distributed freely to all Cumberland mailboxes on the last business day of every month. Printed with environmental stewardship in mind on 100% recycled paper by Classic Printers Ltd., 250-338-8483 in Courtenay BC. While every care is taken in compiling the contents of this issue, the publisher of Currently Cumberland assumes no responsibility for any damage, loss, or injury arising from participation in any offer, competition, or advertisement contained in Currently Cumberland.

Sorry, time-sensitive ads always print first. We also reserve the right to refuse advertising.

jessie turner jewellery design *Smoking Lily*  
 clothing, accessories, & men's tees  
**Rusty Rooster**  
 now available at

**JOHNSTON MECHANICAL**  
 Too hot in the summer?  
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 CLEAN AIR FURNACES HRVs HEAT PUMPS  
 Ken Johnston  
 ken.joh@hotmail.com 250-702-2606

**TUESDAY, JULY 21**  
 Last chance for \$55 Advance tickets for The Big Time Out! Purchase tickets online, at Tarbells & the Waverley Hotel.

**THURSDAY, JULY 23**  
 Coal Hills BMX, RACE FOR LIFE Annual fundraiser for BC Children's leukemia foundation, signup at 6pm, also #1 A pro Nick Goertzen is holding a clinic.

**FRIDAY thru SUNDAY JULY 24, 25, 26**  
 Coal Hills BMX is happy to host the CANADIAN BLACK GOLD NATIONALS this year. Friday Black Gold Nationals pre race, Saturday Black Gold National #1, Sunday Black Gold National #2. Onsite washrooms & concession open.

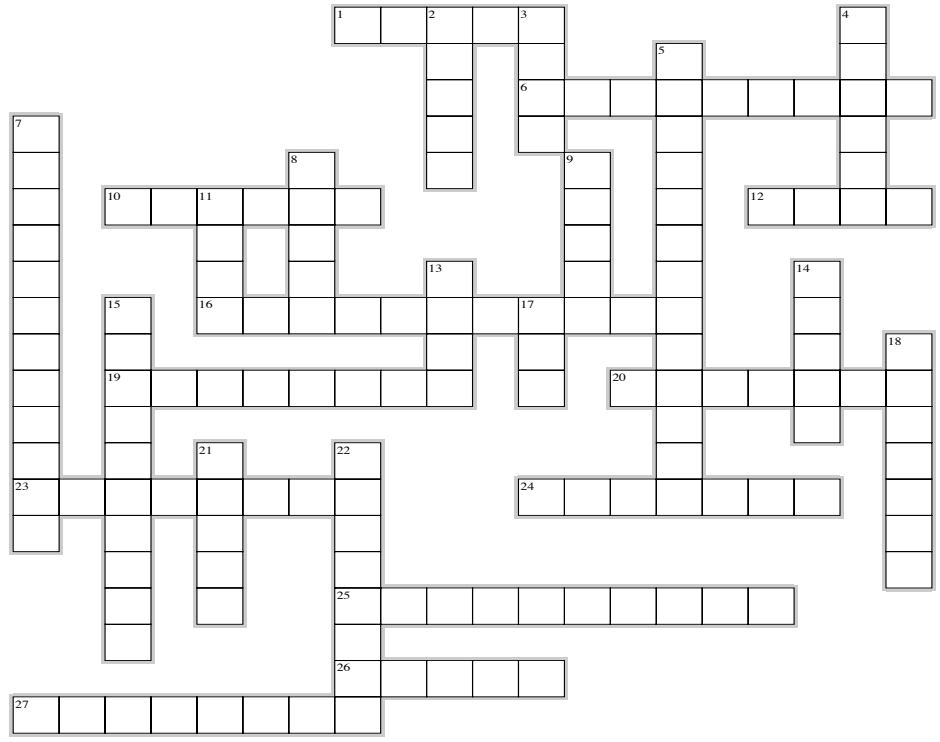
**SUNDAY, JULY 26**  
 FREE YOGA Come by the No. 6 Mine Park at 9AM for a 1.5-hour hatha yoga practice; stretch, relax, centre and ground yourself. In case of poor weather the class will be at the fire hall. BYO mat. FMI 336-8005, www.bhill.ca

**MONDAY, JULY 27**  
 Anniversary of Ginger Goodwin's death.



**The Rotary Club of Cumberland Centennial**  
 BC Traffic Safety Foundation to match \$1000 donated by Rotarians for Cumberland families for child passenger safety restraints.  
 www.rotarycc.org Working for the good of the Community.  
 Meet Tuesdays 7am at Carmie's Cafe, Visitors Welcome

**Blinds**  
 BILLIARDS & BAUBLES  
 250 338 7824  
 Free In-Home Consultations  
 \*Mention this Ad for Free Installation\*



EclipseCrossword.com

**CURRENTLY CROSSWORD**

- Across**
- 12 \_\_\_\_\_ of Cumberland
  - \_\_\_\_\_ Station
  - Local game of throwing rings
  - Biker gang (inits)
  - Taste of India
  - Robert and James
  - That which you dance around and around
  - Flowery art gallery?
  - Once rated Canada's #1 apres ski bar
  - May event
  - Logger's lager
  - Lights in the sky
- Down**
- Our Village's original name
  - Grub and \_\_\_\_\_
  - Long time Mayor
  - The creek
  - Place to get your race on
  - Evade by sudden shift of position
  - Garden bear?
  - The Hug and \_\_\_\_\_
  - Winter sleepers
  - Bucket of \_\_\_\_\_
  - Place for jesters on bicycles to lay their heads?
  - The gym
  - Between Allen and Dunsmuir
  - The Lake
  - Coffeeshop

Puzzle Solution posted at Seeds & at www.currentlycumberland.com

**WAVERLEY HOTEL**  
 excellent food! great music!  
 waverleyhotel.ca 250 336 8322

**AUGUST 15, 2009**  
**THE BIG TIMEOUT**  
 Sam Roberts Band, Mihirangi, Mother Mother & more  
 \$55 ADVANCE TICKETS UNTIL JULY 21  
 FREE FOR KIDS 12 & UNDER BUY TICKETS & GET ALL THE INFO AT thebigtimeout.com



*Are you ready boots?*  
 The Cumberland Veterinary Clinic will be closed July 20 - 24  
 In case of emergency call 250-336-8449



## DODGEPODGE

### BECK'S GARDEN CARE & LANDSCAPE

Weeding, mulching, medicinal plants, food gardens, pruning, landscape installation & design. Call today so we can discuss your outdoor space!  
250-898-7576

### BLUEBERRIES & RASPBERRIES!

McClintock's Farm has U-pick only raspberries and blueberries. Open mid-July to August 31. Please phone before coming to check that sufficient quantities are ripe for picking - we update our message every day. For fresh, top quality fruit visit us at 3419 Dove Creek Rd, Courtenay. Call 250-334-4562 FMI

**THE ASANA ROOM.** Dynamic movement based yoga. Experienced teachers. Classes, workshops & teacher training. Summer special: unlimited yoga for \$99 (July & Aug only).  
[www.theasanaroom.com](http://www.theasanaroom.com)

**SALON VIVRE...Come to Life!** Aveda Trained Stylist. Open Mondays and evenings by appt only. Located at 2872 Bruce St, Cumberland. Call Shannon at 250-400-2963

There's a new patio in town - Quench your thirst in the Zen Garden at the **GREAT ESCAPE**. 2744 Dunsmuir Ave Mango Mojito or Fresh Organic Juice?

Looking for photos of **HUMPBACK BRIDGE**, in the area of the Number 8 mine. Call George at 250-336-2505.

**COAL VALLEY KIDS** licensed daycare currently has full and part time care available. We focus on nutrition, literacy, and play. We provide a warm, loving and safe environment. Please call today 250-400-8979 and ask for Kari.

### TIM PATTERSON CARPENTRY


Cumberland owned and operated. For all your fine carpentry, renovation and restoration needs. Call 250-218-4439

**THE CUMBERLAND MUSEUM & ARCHIVES AND CUMBERLAND CHAMBER OF COMMERCE** are open seven days a week for the summer from 9AM - 5PM, at 2680 Dunsmuir Ave.

Would you like the cast of RENT to show up at your event in Cumberland? We're "**Singing for our Supper**" Call Darilyn at 250-702-4733


### SUMMER READING CLUB 2009

"Follow the Reader" to the Cumberland Library! Free registration for children of all ages, independent readers & pre-schoolers too. Readers receive their own reading record, can win prizes, participate in library events and get stickers for their reading records. At summer's end, all Readers who complete their reading log and all seven weeks of reading receive a special Summer Reading Club medal!



## LITE UP!

1995 Cliffe Ave  
Courtenay, BC  
ph/fx: 250-897-1Pig  
open Tues - Sat



### Call for Artists!

#### Murals for Village Square

The Village of Cumberland welcomes submissions from artists for the production of murals for the newly renovated Village Square. Six murals, each by a different artist, will be installed in the Square. Selections will be based on merit and suitability for this public venue. An honourarium will be provided to the selected artists.

**Mural Requirements:** The murals will each be 4 feet by 8 feet in size and will capture Cumberland "Then—Now—Next" so as to include our history, present and future.

**Deadline:** All applications must be received by 4:00 pm Monday July 13<sup>th</sup>, 2009. The successful applicants will be notified by July 31<sup>st</sup>, 2009. The finished artworks are due by October 13<sup>th</sup>, 2009.

For a submission package please contact Judith Walker at 250-336-2291, [jwalker@cumberlandbc.net](mailto:jwalker@cumberlandbc.net) or [www.cumberlandbc.net](http://www.cumberlandbc.net)

*Any person, who would like to enter their name in a draw to sit on the selection committee, may fill out a ballot at the Village office and deposit it in the draw box by 4:30 pm Monday July 13<sup>th</sup>, 2009.*

Corporation of the Village of Cumberland  
2673 Dunsmuir Avenue PO Box 340  
Cumberland, BC V0R 1S0  
Telephone: 250-336-2291 Fax: 250-336-2321

## DODGE CITY VIDEO

presents Kathy & Jan's Top Picks

One Week (Canadian)	Gran Torino
Inkheart (Family)	Crossing Over
45 RPM (Canadian)	Defiance
Outsourced (Film Fest Winner)	336-8709
	2718 Dunsmuir Ave

Currently Cumberland is online at [www.currentlycumberland.ca](http://www.currentlycumberland.ca)

## VILLAGE FREE STORE

Free - Sturdy Backyard Toddler Slide  
U pick up, call 336-8622

80" x 52" piece of Linoleum - new perfect condition, neutral colours call 336-8379.

Four Free Kittens available to good home(s), July 3<sup>rd</sup>. Call 250-400-2766

**SUMMER PLAYGROUND** June 29<sup>th</sup> - August 21<sup>st</sup>. Cost: \$75/week or \$15/day, Ages: 5-10, Time: 9am-3pm, at Cumberland Recreation. Call 336-2231 to register today, as space is limited. Sports & Games, Arts & Crafts, Water Park, Nature Walks, Baking & lots of fun!

**AM KINDERGARTEN?** Experienced Kindergarten teacher is offering Kindercare. The service will include: pick-up at Cumberland Elem., hot lunch, and fun activities. Call 250-465-0675 to reserve your spot for September.

**YOUTH YOGA CAMP** Presented by Bliss Yoga in Cumberland. July 13-17 from 9AM - 12PM daily. Introduction to yoga, breathing, meditation, philosophy & history. \$75, \$5/hour for ages 8+. Call 250-336-8005 FMI and to register.

## RENT UPDATE-

40 CYMC students are in Cumberland preparing for the Vancouver Island premiere of RENT, a Pulitzer Prize winning musical that's played for over 12 years on Broadway. It will play at the Sid Williams Theatre July 15-19. Director Roger Carr will rehearse daily at the Cumberland Cultural Centre, assisted by musical director Kris Epps, vocal director Ashley Foot, and choreographer Lindsay Sterk. Darilyn Keene of Alley Cuts and Ashley Foot from Montreal have been hard at work preparing the Musical Theatre program for the last year & this month represents the culmination of their efforts. FMI [www.cymcmusicaltheatre.com](http://www.cymcmusicaltheatre.com) & stop by the Cultural Centre July 7 at 5PM to watch a rehearsal in progress. Tickets available at the Sid Williams Box Office, or [www.sidwilliamstheater.com](http://www.sidwilliamstheater.com). Showtimes: 7:30PM July 15 - 18, 2PM matinees July 18 & 19.

**HAIR STYLIST/ ESTHETICIAN** wanted at Modern Hair Design. Tomorrow's Trends Here Today. Apply in person at #2, 2401 Cliffe Ave, Courtenay.



## Cumberland Community Forest Society

Box 1239 Cumberland BC V0R 1S0 [www.cumberlandforest.com](http://www.cumberlandforest.com) (250) 897-9781

In 2005 CCFS purchased 156 acres for 1.1 million. The debt remaining is \$430,000 with a monthly payment of \$5360. Some donors have been paying \$200, \$400 & \$800/month since 2005.

The 20/20 Challenge is to gain 20 people donating \$20/month...that's \$400/month. Be a part of saving the forest