

# CURRENTLY CUMBERLAND

...IS GETTING READY FOR THE BIG TIME OUT!

August 2009

Volume 1, Issue 6

## COMMUNITY EVENTS

### TUESDAYS WEEKLY

UROC COED GROUP mountain bike rides. Meet at the Riding Fool Hostel/Dodge City Cycles building, rain or shine at 6pm. You must be a UROC member with Cycling BC insurance to ride with this group. [www.unitedridersofcumberland.com](http://www.unitedridersofcumberland.com) for more info.

BINGO at the Cumberland Royal Canadian Legion at 7pm, 24 games, and all monies are donated to charity. Everyone Welcome!

### WEDNESDAYS WEEKLY

UROC WOMEN'S GROUP mountain bike rides. Meet at the Riding Fool Hostel/ Dodge City Cycles building, rain or shine at 6pm. You must be a UROC member with Cycling BC insurance to ride with this super fun & supportive group. FMI [alice.grasby55@gmail.com](mailto:alice.grasby55@gmail.com) or [unitedridersofcumberland.com](http://unitedridersofcumberland.com)

NUMBER 6 MINE PARK weekly garden work party from 10am-12pm. Everyone is welcome to come help maintain this beautiful green space. Bring your gloves, a sunhat, tools if you have them, and your green thumbs too!

HIGH TEA presented by the Gatehouse Bistro & Gallery from 2-4PM in their Tuscan Room every Wednesday. \$16 per person, by appointment only. Featuring a fresh assortment of finger sandwiches, cookies, cakes, and scones and accompanied by scrumptious creams, curds and jams. Call 250-336-8099 for reservations.



CUMBERLAND VILLAGE PARK  
AUGUST 15, 11am-1am

# THE BIG TIMEOUT

Sam Roberts Band • Mother Mother  
Jets Overhead • The Racoons • Mihirangi  
March Fourth Marching Band • LAL  
Sex With Strangers • Vince Vaccaro & more

**FREE** FOR KIDS  
12 & UNDER

**\$65** ADVANCE  
TICKETS

TICKETS & INFO AT [THEBIGTIMEOUT.COM](http://THEBIGTIMEOUT.COM)



Tickets are also available online at [thebigtimeout.com](http://thebigtimeout.com) by phone at 250-334-4885 or at:  
Bop City Records, Sound Advice, Tarbells, The Waverley

### THURSDAYS WEEKLY

RUNNING/BIKING STRENGTH TRAINING CLINIC at 6:00PM. Meet on the deck at Tarbell's. Bring water, good shoes and yourself. Month of August by donation to the Cumberland Community Forest Society. Challenging but always fun!!!

### KNITTING IN THE VILLAGE

1-3pm at the Village Yarn Shoppe. Now featuring new hours Monday to Saturday, 10:30AM - 5PM. Visit 2719 Dunsmuir Ave, 250-336-2484

### LUCKY THURSDAY DH

RACE SERIES sponsored by Lucky Lager & Dodge City Cycles, at Mount Washington. \$5 gets your registration & a tasty malty beverage post race. Lift ticket extra. Each Thursday in August features a different trail, allowing you to map your progress. So, for the love of Lucky, get up here and own the mountain! Reg. starts at 5pm, race at 6ish. Burger & Lucky beverage specials apres-race in Fat Teddy's.

### SATURDAYS WEEKLY

Royston-Cumberland Lions YARD SALE on Saturdays August 1, 8, 15 from 9AM till 1PM. 3290 3rd St, Cumberland.

HIGH TEA served at the Gatehouse Bistro & Gallery from 2-4PM every Saturday. By appointment only. \$16/person. Call 336-8099 for reservations.

### SUNDAYS WEEKLY

SEEDS is open Sundays 10-5 for the summer...relax and enjoy.



## DODGEPODGE

**BECK'S GARDEN CARE & LANDSCAPE**  
Weeding, mulching, medicinal plants, food gardens, pruning, landscape installation & design. Call today so we can discuss your outdoor space!  
250-898-7576

**DOBSON'S LAWNS AND GARDENS**  
Lawns cut, hedge and shrub pruning, garden clean-up. Fifteen years experience, and insured. Call Rick or Marianna at 250-336-8944

**SALON VIVRE...Come to Life!** Aveda Trained Stylist. Open Mondays and evenings by appt only. Located at 2872 Bruce St, Cumberland. Call Shannon at 250-400-2963

**TIM PATTERSON CARPENTRY**  
Cumberland owned and operated. For all your fine carpentry, renovation and restoration needs. Call 250-218-4439.

**"SIMPLY SEWING"** Mending and Alterations. Reasonable and prompt service – Satisfaction Guaranteed. Call Margaret 250-336-2801, Cumberland.

**NEEDED** – an energetic, fun loving dog walker for two small dogs on an occasional basis. Call Leslie at 336-2567.

**NEEDED** – Afterschool care 3 days per week and some Pro-D days for a sweet little 8 year old boy. Please call Shaylene at 336-2884.

**MATH TUTOR** up to Grade 10. Call Ya Ya at 250-400-4003.

**SUMMER PLAYGROUND** Runs until August 21. Cost: \$75/week or \$15/day, Ages: 5-10, Time: 9am-3pm, at Cumberland Recreation. Call 336-2231 to register today, as space is limited. Sports & Games, Arts & Crafts, Water Park, Nature Walks, Baking & lots of fun!

**LITTLE SAPLINGS CHILDCARE** has space available. A fun, active, licensed setting for your little ones. We pride ourselves on a chemical free and naturally focused atmosphere. Call Morgan for more information 250-336-8348, or [littlesaplingschildcare.typepad.com](http://littlesaplingschildcare.typepad.com).

The **CUMBERLAND COMMUNITY CHURCH** at 3<sup>rd</sup> & Penrith now has a T-Loop! The installation of T-loop systems greatly benefits hearing-impaired people, young and not so young that use hearing aids or cochlear implants. Thanks to the ROYSTON-CUMBERLAND LIONS many more events and services held at this Community gathering place are now fully accessible to all!



New Owner Lea Monas warmly invites Wine Lovers to stop in for a visit.  
**Come see what she's been up to!**  
2726 C Dunsmuir Ave  
or please call 250.336.8411

## Modern Hair Design

**My Roots are in Cumberland,  
Yours should be Here.**

Aug Specials - \$10 off any colour service  
Gel & Acrylic Nails New Set \$60, Fill \$35  
**Owner/Master Stylist Joanne**  
**Stylist Lucy, Esthetician Jessie 250-897-1415**

**KIDS YOGA!** Kids, ages 3-7, will explore yoga poses through games, songs and stories. There is work on balance, breath and listening all presented in a kid friendly way. Thursdays at 4:00-4:30PM Sept 10-Oct 22. 7 sessions \$42 if registered before Aug 15, Grown up and family programs available too. Bryan 336-8005, [www.bhill.ca](http://www.bhill.ca)


**Don't live in Cumberland?  
Used your copy for origami?  
Paper Airplane? A Pirate Hat?  
Don't worry!  
Currently Cumberland is online at  
[www.currentlycumberland.ca](http://www.currentlycumberland.ca)**

**MOUNT WASHINGTON KIDS MOUNTAIN BIKE DAY CAMP** Saturday or Sunday, noon-4pm, kids age 8-12 years learn how to ride downhill trails. Includes lift, guide & a bag lunch. \$99 per person, per day, rates subject to taxes. Minimum 2 people/lesson or time will be shortened. Call 250-338-1386 FMI.



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## BUY/SELL/BARTER

Adult Electric Trike. Newer Battery. Speedometer. Single speed with electric throttle. Good tires and brakes. Red. Large rear carrier basket. Owner's manual. Approx. distance 25+km per charge. Maximum speed 13km per hour. Excellent condition. \$350. 336-8036

KHS DJ 200, MTN Bike, Mech. Disc brakes, 4" travel forks, olive green, great shape, med frame - \$300 firm. 336-8996

## COMING EVENTS

### MOUNT WASHINGTON ALPINE FOOD FESTIVAL & MARKETPLACE

*Coming September 4th, 5th & 6th*  
Mix, mingle, graze, and learn from acclaimed chefs, producers, harvesters, restaurateurs, vintners, and artisans. This fabulous 3-day event includes a Cocktail Reception, Cooking Class Seminars, Gourmet 7 Course Gala Dinner, Artisan Displays, Grazing in the Marketplace food sampling and the 1st Annual Alpine to Valley Cheese Roll! There's something for every culinary connoisseur, young & old. Bring the family or a friend & your appetite too. Many Cumberland stars will be featured incl. Tarbell's, Seeds, Cumberland Village Bakery, Dark Side Chocolates, Sunshine Organics, Gatehouse Bistro & Gallery, and Gwynne Sproule leading wild blueberry walks. FMI and tickets go to [mountwashigton.ca/foodfestival](http://mountwashigton.ca/foodfestival).

Pre-register for: **T'AI CHI GONG CLASSES** beginning September 9th, at the Cumberland Cultural Centre. Course runs Wednesdays, 7-8 pm for 8 weeks. Cost: \$60. To register call Certified Master Robynn Honeychurch at: 250-339-2415. Flow Universal Energy to heal, relax and rejuvenate!

## HOW TO ADVERTISE!

**DROP OFF CLASSIFIED ADS, EVENT LISTINGS OR FREE STORE ADS** at Seeds Natural Food Market 7 days/week. Please pay by cash or cheque.

Classified And For-Profit Event Listings: 1-40 words \$5, 41-80 words \$15  
Not-for-profit Community Event Listings, and Village Free Store ads are FREE!

**FOR DISPLAY ADS please contact Kathryn at 336-8996 or email [currentlycumberland@gmail.com](mailto:currentlycumberland@gmail.com)**

**SEPTEMBER ISSUE DEADLINE IS... MONDAY, AUGUST 24<sup>TH</sup>!**

Currently Cumberland is published monthly and distributed freely to all Cumberland mailboxes on the last business day of every month. Printed with environmental stewardship in mind on 100% recycled paper by Classic Printers Ltd., 250-338-8483 in Courtenay BC. While every care is taken in compiling the contents of this issue, the publisher of Currently Cumberland assumes no responsibility for any damage, loss, or injury arising from participation in any offer, competition, or advertisement contained in Currently Cumberland.  
Sorry, time-sensitive ads always print first. We also reserve the right to refuse advertising.

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or sell a home?**Contact me for all of your  
Real Estate needs.**Chris Sperber / REALTOR®**  
(250) 650-0099 chrissperber@remax.net**SATURDAY, AUGUST 15**The Cumberland Village Works presents THE BIG TIME OUT 2009 11AM to 1AM in the Cumberland Village Park. Headliner Montreal rocker Sam Roberts, Celtic-Punjabi beats of Delhi2Dublin, acoustic soul singer Mihirangi, the horns of the March Fourth Marching Band, plus Sex with Strangers and LAL. Acrobatics, circus performers, Chai tent and the Union Saloon too. A stellar community event with great music, fantastic food, creative collaborations & unique surprises. See the artist line-up & buy tickets at [www.thebigtimeout.com](http://www.thebigtimeout.com)**MONDAY, AUGUST 17**

Cumberland Masonic Hall CHARITY BINGO. Doors open at 5:30pm and games begin at 7pm. Snacks and refreshments available. Come out &amp; help fundraise for the Cancer Car program.

**SUNDAY, AUGUST 23**FREE YOGA Come by the No. 6 Mine Park at 9AM for a 1.5 hour hatha yoga practice; stretch, relax, centre and ground yourself. In case of poor weather we meet at the fire hall. BYO mat. FMI 336-8005, [www.bhill.ca](http://www.bhill.ca)**FRIDAY, AUG 28**

Cumberland Village Works presents Current Swell 10PM at the Waverley.

**Poochies****Basic Obedience Classes**

Aug 6 - Sept 17 Sept 28 - Nov 9

(Mon &amp; Thurs, 6:30 or 7:30PM)

*"I've taken other obedience classes with other dogs. This was by far the best and most informative."  
- Janet & Charlie*250-898-9022, [www.poochies.ca](http://www.poochies.ca)**SATURDAY, AUGUST 29**

Hot Dog Sale at the Esso Station next to the Legion from 10am till 3pm. A community fundraiser hosted by the Royston-Cumberland Lions.

**FRIDAY to SUNDAY, AUGUST 28 - 30**The Mount Washington Wellness Weekend - Take a break from the everyday, escape to the alpine and enjoy two days of nurturing, delicious food, and wellness classes that promote health and relaxation. Local experts will pamper your senses with guided walks, health and nutrition seminars, and yoga classes. Wellness Weekend Package \$199/person or stay with us for the weekend for just \$299. Notable guest instructors include Catherine and Alistair from the Asana Room. FMI visit [mountwashington.ca](http://mountwashington.ca) or call 1-888-231-1499**DODGE CITY VIDEO**

presents Kathy &amp; Jan's Top Picks

**Grey Garden  
Che(Foreign)  
Diamonds  
Push****The Code  
Stone of Destiny  
- based on a true story**

336-8709

2718 Dunsmuir Ave

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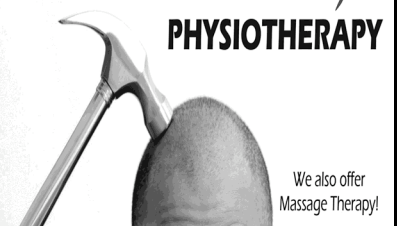
We wanted to give you a coupon for August, but then realized that you would have to cut up your 'Currently Cumberland' and might miss out on some good stuff.

So we've come up with a plan.....

Say "Rumpelstiltskin" at the till and receive **\$1.00 off Santa Cruz Organic Lemonade** for the month of August. For real.**Cumberland's Grocer****VILLAGE FREE STORE**Free! Child's booster car seat. Can be used with a shoulder or lap belt only. Pick up at Seeds Natural Food Market. Dunsmuir & 3<sup>rd</sup>.

Free Deep Freezer, call 250-400-4003.

Garden art or Handyman special - older Raleigh 10 speed, needs work. 336-8379

**LOST AND FOUND**We found a purple & pink **My Little Pony** and a sweet little girl's **handmade** dress at the Village Water Park Saturday evening July 18<sup>th</sup>. Call 336-8996Found! Community Spirit alive and well! A special *thank you* to all the people that made the Cumberland Canada Day party so wonderful! Thanks to Hugh Fletcher for saving the ILO ILO, Cumberland Village Works & Andrew for the tunes, Cumberland Community School for the Arts & Crafts, Cumberland Village Bakery for the yummy doughnuts, Organic Family for the super soda, Dodge City Cycle & the Great Escape for shade tents, the CRI & Waverley for tables and chairs, & Tarbell's for that delicious cake.**GOT PAIN?** *Rehabilitation in Motion*[www.rehabinmotion.com](http://www.rehabinmotion.com)**ET  
RELIEF****PHYSIOTHERAPY**We also offer  
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Treatment covered under most  
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**The Rotary Club of  
Cumberland Centennial**  
Fifth Annual Extravaganza Italiana  
CRI Hall, Saturday October 17.  
A fun-filled, family-style Italian Dinner  
and Auction. Tickets \$30/person.  
Contact John 339-4068, johnpegc@telus.net  
We deliver tickets.  
Meet Tuesdays 7am at Carmie's Cafe, Visitors Welcome



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**Kids Yoga & Family Yoga**  
Share in a gentle, nurturing practice. Explore poses,  
enjoy games, work on balance, breath & awareness.  
Register before Aug 15 to save  
Bryan 336-8005, www.bhill.ca

**COMMUNITY EVENTS**

**July 31 & August 1, 2, 3**  
27th Annual FILBERG FESTIVAL - The art event of the summer! Featuring more than 120 artisans, great food & lively entertainment for all ages on the beautiful 9-acre waterfront Filberg Heritage Lodge & Park, Comox. \$15 tix available at the gate. FMI and schedule of events go to www.filbergfestival.com

**SATURDAY – MONDAY, AUGUST 1 - 3**  
BC Day Weekend, Comox NAUTICAL DAYS at the Marina Park in Comox. A festival of family fun! Various events, and family friendly entertainment daily.

**MONDAY, AUGUST 3**  
BC DAY! Head down to the beach in Royston to watch the Quality Foods Festival of Lights Fireworks Finale at 10:15PM. Carpool, bring a blanket & please drive safely!

**FRIDAY, AUGUST 7**  
11th Annual Alpine Wine Festival. Sample a wide selection of wines and ciders from Vancouver Island and beyond. Tasty food samples, live music, and stunning Strathcona views from the Raven Lodge available for all those 19+ to enjoy. Don't forget your wallet so that you can bid on some of the wonderful items available at our silent auction to support the Vancouver Island Mountain Sport Society. Free shuttle bus to transport you safely to & from Driftwood Mall. Tickets \$30/person, call 250-338-1386 for more info.

**FRIDAY, AUGUST 7**  
Cumberland Village Works presents Los Rastrillos at the Waverley. \$12 Advance, \$15 at the door. Show starts at 10 PM.

**SATURDAY, AUGUST 8**  
During the Cumberland Motorcycle Round Up the Royston-Cumberland Lions are hosting a Hot Dog Sale from 10AM till 3PM to raise funds that go directly toward helping people in need in your community, in Cumberland.

**SATURDAY & SUNDAY, AUGUST 8 & 9**  
**CUMBERLAND MOTORCYCLE ROUNDUP**  
1<sup>st</sup> Annual Show and Shine & Poker Run

**SATURDAY** – The main street will be blocked off for our Show and Shine starting at 10AM for registration. Awards at 3PM. Vendors and Children's area. Bike Games to be held at the Cumberland Recreation Institute parking lot at 3pm.

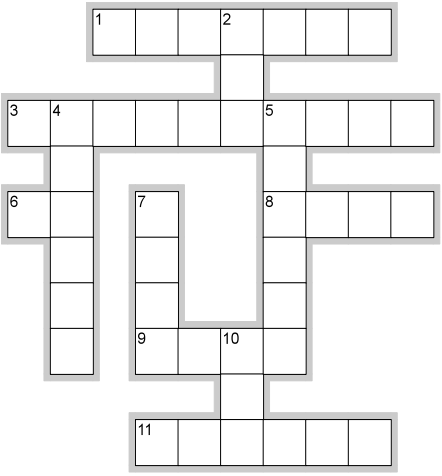
**SUNDAY** – Poker Run starting at 11AM from the Village Square. With Comox Marina Park for the first stop, on to Comox Air Force Museum, followed by a ride to the Merville Store, then up to Mount Washington and back to Cumberland. Finish the day at the Cumberland Hotel with refreshments and prizes.  
All proceeds donated to Tour De Rock.

**SUNDAY, AUGUST 9**  
6<sup>th</sup> Annual AIDON ACTON MEMORIAL SKATEBOARD COMPETITION, 11AM at the Courtenay Skate Park. Cash prizes, BBQ, Music by DJ Souls. Beginner & Advanced. Reg \$15 from 10AM – 11AM.

**FRIDAY, AUGUST 14**  
Cumberland Village Works presents Shane Koyczan and Short Story Long 9:30PM at the Waverley.

**SATURDAY, AUGUST 15**  
8am-1pm Kitty Cat P.A.L. Society fundraiser YARD SALE located at 1390 15th Street @ Willemar St., Courtenay. Come out, buy a treasure & support the organization that works tirelessly to aid and control, through humane measures, the feral cat colonies living in Cumberland.

**Currently Crossword**



EclipseCrossword.com

- ACROSS**
- Rusty fowl
  - Biggest party of the summer and you're invited!
  - Gas and \_\_\_
  - Road where tents are pitched?
  - Comox \_\_\_
  - Spice Guy
- DOWN**
- Headliner Roberts
  - Ex-Theatre getting a 2<sup>nd</sup> chance
  - The Great \_\_\_\_\_
  - Cumberland's original export
  - Fire Chief McClure

**OPENING NIGHT FRIDAY JULY 31<sup>ST</sup>**

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