



# CURRENTLY CUMBERLAND

...IS WATCHING AND WAITING FOR SPRING TO BE SPRUNG!

April 2009

Volume 1, Issue 2

## COMMUNITY EVENTS

### TUESDAYS WEEKLY

**CARPET BOWLING** Come learn, and have fun at 1pm weekly. A free event for adults at the OAP Hall.

### VOCALEASE VOICEMUSIC CLASSES

Tuesdays 5-6:15pm, starting April 14  
Fun, interactive and deeply satisfying! Toning, harmony skills, body rhythm/beat box, improvisational vocal games. Youth to elders welcome. \$60 for six classes. Family rates available! At the Abbey, *Registration ONLY*. FMI 336-2474, [www.joannafinch.com](http://www.joannafinch.com)

### KNITTING IN THE VILLAGE

11am - 1pm at the Village Yarn Shoppe, 2719 Dunsmuir Ave, 336-2484

### WEDNESDAYS WEEKLY

**UROC Women's Group Bike rides** start April 1st. Meet at the Riding Fool Hostel/ Dodge City Cycles building, rain or shine at 6pm. You must be a UROC member with Cycling BC insurance to ride with this super fun & supportive group. FMI [unitedridersofcumberland.com](http://unitedridersofcumberland.com), or email [alice.grasby55@gmail.com](mailto:alice.grasby55@gmail.com)

### THURSDAYS WEEKLY

**CREATIVE EXPLORATION** children's art classes 10-11am, and 1-2pm at the Cumberland Community Church (Penrith at 3<sup>rd</sup>) \$10 drop-in or punch passes available. Please note new afternoon class time is 1-2pm. FMI 336-2132.

**K9 FREESTYLERS**, teach your dog tricks then set them to music, a fun sport for dogs and humans. Beginners at 6:30pm, advanced at 7:30pm at the CRI. FMI and to register call Magi, 338-9424.

**THALI THURSDAY** at the GREAT ESCAPE. Offering a set menu of 2 curries (with vegetarian option) rice & appies that change weekly. Catch Bollywood dance moves on the big screen while enjoying amazing food! \$15/person, open at 5pm.

### KNITTING IN THE VILLAGE

1-3pm at the Village Yarn Shoppe, FMI 336-2484, 2719 Dunsmuir Ave.

### FRIDAYS WEEKLY

THE ASANA ROOM presents VINYASA FLOW YOGA at 2779 Penrith Ave. Community Class at 4:15pm, \$5 drop-in. FMI 336-0223, [theasanaroom.com](http://theasanaroom.com)



**Magnolia**  
Gallery & Garden  
[www.magnoliagallery.ca](http://www.magnoliagallery.ca)

New Gallery Items  
Pottery, Jewellery &  
Gorgeous Books & Cards  
March Showers bring  
April Flowers...  
Garden Centre opens soon  
We take plant requests!  
2732 Dunsmuir 336-2000

**DODGE CITY VIDEO**  
Presents Kathy & Jan's Top Picks

- Heaven on Earth (foreign)
- HoundDog (independent)
- I've Loved You So Long (foreign)
- The Boy in the Striped Pajamas (based on the book)
- Noble Son (mystery)
- Outlaw Trail (family)
- Milk (based on a true story)

336-8709  
2718 Dunsmuir Ave

**\$10 Cuts!**


**Cameron's**  
**Salon & Barber**  
336-8746  
2701 Dunsmuir Avenue  
Open Monday through Saturday  
WALK-INS WELCOME

**VILLAGE FREE STORE**

Free Juicer, works great, I just don't use it enough. Could you? 336-8996

Big bag of clean children's toys and books, Call 250-400-2636

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**Seeds**


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Did you know that 35% of an adult's daily requirement of vitamin C can be found in a medium-sized potato? And that Mr. Potato Head was introduced by the Hasbro Company in 1952?

Who knew that potatoes were interesting, playful AND good for you?


**5 lb bags of Organic Potatoes Only \$3.99**  
for the month of April

Open Mon-Fri 9-6:30, Sat 9-5:30




**CREATIVE EXPLORATION**  
A Child's Introduction to Materials  
250.336.2132

Process based art classes for kids every Thursday 10 - 11am & 1 - 2 pm  
Add ART to your child's birthday party with  
**CREATIVE EXPLORATION**  
[childrenscreativeexploration.blogspot.com](http://childrenscreativeexploration.blogspot.com)



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**COMMUNITY EVENTS**

**WEDNESDAY, APRIL 1**

8AM BLASTING BEGINS for construction of No.12 Mine, 250m east of the yellow gate. Expect heavy machinery traffic and drilling until noon.

Currently Cumberland Fooled You!

**SATURDAY, APRIL 4**

Spring Fling with a Lemon Twist... The CUMBERLAND MUSEUM ANNUAL HERITAGE FASHION SHOW & LEMON TEA at 2pm. Tickets \$10 and available at the Museum. Come out to support our museum and build an Easter Bonnet! Prize awarded for best bonnet. Join the fun, downstairs at the Cultural Center. FMI 336-2445

**SUNDAY, APRIL 5**


UROC presents the CUMBERLAND X-C MOUNTAIN BIKE RACE, #2 in the Island Cup Race Series. Registration from 10-11:30am at the No.6 Mine Park, race at high noon, BBQ to follow.

**SUNDAY, APRIL 5**

CUMBERLAND CULTURE AND ARTS SOCIETY presents the monthly CUMBERLAND COFFEE HOUSE; April's host is Linda Safford. Held the 1st Sunday every month at the Cumberland United Church/Centre for the Arts, Penrith and 1st, at 7pm. \$4 admission, Open stage venue, welcoming audience! FMI call Diana at 336-8893.

**FRIDAY, APRIL 10**

DODGEBALL End of Season Party at the Waverley. The Comox Valley Sports & Social Club's 20 Dodgeball teams are all welcome to attend the wrap-up social party. Announcements and prizes start around 8pm, FMI comoxvalleysports.ca



**The Rotary Club of  
Cumberland Centennial**

Meets every Tuesday at 7am at Carmies Café and guests are welcome.  
www.rotaryccc.org

*Projects in the Village Include;* heritage orchard, infrared camera for the Fire Dept., donated defibrillators, 2 bus shelters, literacy programs at Cumberland El and a library & special wheelchair for the Cumberland Lodge.

CURRENTLY CUMBERLAND... is 121 years old!

**FRIDAY, APRIL 10**

CAFÉ BLAH BLAH BLAH "where spoken word is heard" With the music of kitsch in synch: Open mic poets, storytellers, etc. 6:30-9:30 \$5 cover, fabulous food. Call Tarbell's, at 336-8863 for reservations.

**SATURDAY, APRIL 11**

Cumberland Youngsters EASTER EGG HUNT at the No.6 Mine Park. 11am-12pm. All Cumberland 0-5 year olds (with an adult) are welcome! Please bring a food bank donation & join the fun! Face painting and bunny ear crafts too! Presented by Currently Cumberland and the Cumberland Community Schools Society & made possible by generous sponsors; Rotary Club of Cumberland Centennial, Cumberland OAP, Dark Side Chocolates, Village Hideaway, Creative Exploration, Cumberland Village Bakery, Little Saplings Childcare, Rusty Rooster, Seeds, Organic Family, The Gatehouse Bistro, and more!



**CHOCOLATE. WINE.**

**TASTING EVENT**  
THURSDAY APRIL 30, 7 - 9 PM

HOSTED BY  
DARK SIDE CHOCOLATES  
AT THE RIDING FOOL HOSTEL, CUMBERLAND

Taste how cocoa content affects flavour  
Appreciate the many benefits of dark chocolate  
Discover the variation by region  
Learn how to pair chocolate with Wine

Tickets Available at: Dark Side Chocolates  
2722 Dunsmuir Ave  
250 336-0126

**\$25**

Must be 19+ years of age to attend

**SATURDAY, APRIL 11**

1st Cumberland Pathfinders CAR WASH from 10-2 at Supreme Convenience to help raise money for their International Trip to Alaska.

**SUNDAY, APRIL 12**

EASTER MORNING service at the Cumberland Community Church, at 10:30am. Children's Church offered too. Join us at 2732 Penrith at 3<sup>rd</sup>.

**MONDAY, APRIL 13**

MISHRAS OF INDIA! Extraordinary improvisational classical Indian music to lift your heart and give thanks. 7:30 PM Cumberland United Church, 2688 Penrith Ave. \$20 tickets at Tarbell's

**FRIDAY, APRIL 17**

KITSCH IN SYNCH eclectic and original folky jazz with Danny Zanbilowicz & Joanna Finch. The Grotto at Union Street Grill 5<sup>th</sup> St. Courtenay. 7-10:30. No cover!

**Little Saplings**

Child Care that Comes Naturally



Call Morgan at 336-8348 for more info

**SATURDAY, APRIL 18**

"PUSSY FINCH AND THE STELLAR JAYS", 8pm at the Red Martini Lounge, Nanaimo. \$10 cover FMI and bookings call 336-2474 or www.joannafinch.com

**SATURDAY, APRIL 18**

Cumberland Community Forest Society ANNUAL SPRING PLANT SALE 10 am to 12 noon, corner of 3rd and Derwent. Flowering perennial shrubs, fruits and vegetable starters. Local artisans, and crafters welcome to set up tables, tents on site. FMI call Grace 336-8921

**SATURDAY & SUNDAY, APRIL 18 & 19**

SPRING SKIING at Mt. Washington, Sat 10am-4:30pm and Sun 12-6:30pm.

**SUNDAY, APRIL 19**

Royal LePage Comox Valley SNOW TO SURF ADVENTURE RELAY race! Cheer on teams as they race through town.

**MONDAY, APRIL 20**

COMOX VALLEY HORTICULTURAL SOCIETY General Meeting; guest speaker Gary Lewis of Phoenix Perennials and Specialty Plants Ltd. presents "The Weird & the Wonderful." Conference Hall, Filberg Centre, Courtenay. Meet & greet at 7pm. \$5 for non-members, can be put towards membership.

**Royston-Cumberland Lions Club Bar Service**

Your License or Ours

Contact Lion Bob/Mary 336-0209  
Lion Jim/Ginger 336-8759

Weddings, Anniversaries, Birthdays, Holidays & Special Occasions



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## MORE COMMUNITY EVENTS

### TUESDAY, APRIL 21

Finger Knitting workshop from 11am-1pm at the Village Yarn Shoppe. Come in and learn a whole new way to knit - without needles! A great parent/grandparent /children's activity for those with an interest in creativity through textiles. FMI and to register call 250-336-2484.

### WEDNESDAY, APRIL 22

Delicious soup and sandwich lunch \$5.00 at Cumberland OAP Hall, 2674 Dunsmuir Ave; April 22 at 11:00 am. Craft, White Elephant Tables, "Fish Pond" for the children and much more.

### THURSDAY, APRIL 23

"Comox Valley Outdoor Recreation Association" Inaugural General Meeting at the CRI at 6 pm. Anyone who feels they are a stakeholder in Outdoor Recreation come out and see what the CVORA is all about.

### FRIDAY, APRIL 24

CAFÉ BAH BLAH BLAH "where spoken word is heard" Guest writer Kevin Vowles 6:30-9:30pm, \$5 cover. Call Tarbell's, at 336-8863 to make your reservations to enjoy this delicious evening.

### SATURDAY, APRIL 25

GARAGE AND BAKE SALE at the Cumberland Legion, 8am-???

### SATURDAY & SUNDAY, APRIL 25 & 26

Seriously, this is the last chance for SPRING SKIING at Mt. Washington. Lifts open 10am-4:30pm.

### SUNDAY, APRIL 26

Union Bay Community Club presents their Spring PLANT AND CRAFT SALE at the Union Bay Community Hall, from 10am - 3pm, delicious lunch available. FMI call Dave at 250-335-2317

### THURSDAY, APRIL 30

DARK SIDE CHOCOLATES TASTING EVENT, 7 - 9 pm. Chocolate and wine - a perfect pair. Get the goods on determining the quality of dark chocolate, comparing the attributes and discovering the delicious health benefits. Dark Side Chocolates pairs this knowledge with wine sampling for a decadent combination at the Riding Fool Hostel, 2705 Dunsmuir Ave. Tickets \$25, available at Dark Side Chocolates, 2722 Dunsmuir Ave. Must be 19+ years of age. FMI 250 336-0126 or info@darksidechocolates.com



More Awareness  
& Movement  
Less Pain  
& Stress!



By Appointment: Mon, Tues, Thurs, Fri, 1-7 pm  
CALL CAROLYN AT 336-2257  
2765 Dunsmuir Ave.

## BUY/SELL/TRADE

2 GB RAM for Macbook notebook computer (two 1 GB sticks DDR2 667) \$20. Call 897-0846

Rhode Gear kid's rear bike seat plus rack \$40. Call 336-8996

Toyota Hilux Diesel, 115,000km, New Timing Belt, Water Pump, Glow Plugs. \$10,000 OBO. 1983 VW Westfalia California aircooled. Needs Someone to Love it. Make an offer. 250-897-5357

Mazda MPV 180,000km. Green RWD, p/w, CD, AC, auto, Runs great. \$1000. Megan 898-9022



Cumberland & District Credit Union

Someone once said:

*"Always remember to forget the things that make you sad, but don't forget to remember those who have stuck by you."*

Finding a balance in life is not simple. Let us help you answer your financial planning questions allowing you to concentrate on the important things like raising your children and managing your family. One question that may be on your mind is whether redoing your mortgage now that rates have fallen is a good idea even if you have to pay a penalty. When you have all the information, your decision becomes much easier and you can get back to doing what you enjoy most. I would be happy to assist you whether you are a member or not; we do it all the time.

Thomas William Harrison,  
General Manager

250-336-2272 cumberlandcreditunion.com



THE CUMBERLANDER  
www.thecumberlander.ca



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## HOW TO ADVERTISE HERE...

DROP OFF CLASSIFIED ADS, EVENT LISTINGS OR FREE STORE ADS at Seeds Natural Food Market 6 days/week, Mon-Fri 9:30am-6:30pm, Sat 9:30am-5:30pm. Just ask the cashier for help. Please pay by cash or cheque.

### PRICES, PRICES, PRICES...

Classifieds 1-40 words \$5

41-80 words \$15

Not-for-profit Community Event Listings, Village Free Store and Found-About-Town ads are FREE!

FOR DISPLAY ADS please contact Kathryn at 336-8996 or email [currentlycumberland@gmail.com](mailto:currentlycumberland@gmail.com)

THE DEADLINE for May's issue is...

MONDAY, APRIL 20 at 6:30 PM sharp!

Did you know that the brown turret on the left side of the façade at the Cumberland Cultural Centre is actually a reproduction of the original Employees Social Club? Built in 1921 by Canadian Collieries Ltd. the original building stood across the street beside the now CRI. It had games and pool rooms, reading and writing rooms, a lecture room and a library.

# Rusty Rooster

Home Furnishings & Accessories

Natural Jute Rugs Are Now In!

2722 Dunsmuir Ave, 336-8116

Green Spirit

Acupuncture

Michel Duhaime R.Ac. DTCM is now at the Abbey (at 1<sup>st</sup> Street & Penrith Avenue)

When everything else you've tried has failed... or come on in before the point of desperation.  
By appointment: 250-218-2618

SHOP LOCALLY, PLAY LOCALLY, & LIVE LOCALLY

SUPPORT YOUR NEIGHBOURHOOD BUSINESSES AND KEEP OUR VILLAGE STANDING STRONG, BUMPY ROADS & ALL.

## DODGE PODGE

### Cumberland Recreation

Fitness Studio & courts: Mon-Fri 7am-9pm, Sat 9am-4:30pm, Sun 1pm-8:30pm. Drop In Adult \$3+GST, Drop In Seniors/Youth \$2.25+GST, memberships available. **50 Plus Weights:** Tues and Thurs 8:00am-10am. **Stretch and Strength classes:** Tues and Thurs 6pm-7:15pm, Please note Fitness Studio is closed while classes are on. **Climbing Wall:** Fri 6pm-9pm, Sat 1pm-4:30pm, Sun 5:30pm-8:30pm. **Parent & tot Gym:** Tues & Fri 10am-11:30am \$2 drop in. **Preschool:** Mon - Fri 9am-11:30am for 3-5 yr. olds, \$10/day. **Rhythm & Movement:** 3-5 yr olds Thurs 1:30pm-2:15pm \$40/8 classes. Call 250-336-2231 for more info.

### Epicure Consultant in Cumberland

Herb & Spice Blends, dip mixes, cookware, homecare products, low sodium bouillon base and more. For a current catalogue, please call Tammie Wilkie @ 336-8421, email stwilkies@shaw.ca

**"Up the Lake"** written by Joe Franceschini is available for sale at the Cumberland Museum, or by telephoning 250-336-2626.

### Co-Ed Adult Sports Registration

Push "play" on spring! Play sports like kickball, ultimate Frisbee, flag football, or outdoor soccer with the Comox Valley Sports & Social Club. Visit [www.comoxvalleysports.ca](http://www.comoxvalleysports.ca) or phone Scott at 250.898.7286 to find out more and/or register by April 20.

### Seeking Housemate

Furnished home, yard, washer/dryer, wood/oil heat, heart of historical Cumberland, minutes to trails, downtown, lake & ocean. 20 minutes to ferries, college, airport & mountains. \$485 + 1/2 bills. Vegi garden and/or dog negotiable. Avail. May 1st. Call: 250-218-2258 or 250-336-8742

**Ki Aikido at the Abbey** in Cumberland, for adults and kids 8 and above. Learn the power and health benefits that result from coordinating mind and body in your daily life. Instructor: Michel Duhaime. (250) 218-2618. Training twice weekly.

### CUMBERLAND DENTAL CENTRE

2763 Dunsmuir Ave, 250-336-2006



- Caring Family Dentistry
- Great Children's Program
- Implant Dentistry
- Accepting New Clients

Dr. William K. Armstrong, DDS

### Royston-Cumberland Lions

Pennies for Kids CDA Telethon. Save those pennies and bring them to the Empire Day Parade on May 18<sup>th</sup>. We will be collecting them on the parade route. Watch for the wheelbarrow!

*"Once I've earned your trust, I've achieved my goal"*

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### Active Comox Valley Spring Meltdown

Physical Activity is one of the most enjoyable, cost effective and simple ways to prevent disease. Keeping a record of your activities is a proven motivational tool. The Spring Meltdown is designed to help you make a commitment to get active and stick to it, encouraging you to be active at least 30 minutes per day at least 5 days per week. This year it's all about the points. Receive 1 point for every 10 minutes of consecutive activity. Your goal is 3 points per day (30 minutes). 70 points will get you a free metal water bottle, and over achievers who go beyond 70 points will be entered into an additional draw!

**Pre-register by April 29th at Cumberland Recreation, or Courtenay Recreation**

Comox Recreation  
Comox Valley Sports & Aquatic Centres  
Black Creek Community Association

GO SKATEBOARDING!

### WeeHands

Why wait to communicate? WeeHands with Julie; Baby and toddler sign language classes. Free introductory session Wednesday April 8th, call Julie at 336-2058 to register and for more information.

CURRENTLY CUMBERLAND... has a sweet logo thanks to [karen@studiokik.com](mailto:karen@studiokik.com)

## Everyday Esthetics

250-336-8626, 2701A Dunsmuir Ave



Spring is Sprung!  
Manicure & Pedicure Time  
OPI and Nova polish

Robyn McCullough, Owner/Esthetician

### Childcare

Certified teacher/experienced naturalist is offering licensed childcare. Days are filled with nature exploration, art, music, play and more, visit [www.littlesquirrels.blogspot.com](http://www.littlesquirrels.blogspot.com), or call 250-465-0675, for more info.

### Tim Patterson Carpentry

Cumberland owned and operated. For all your fine carpentry, renovation and restoration needs. Call 250-218-4439

### Huge Garage Sale!!!

Cumberland Community Schools is having its 1st Annual Garage Sale on May 31st. Save all of those spring-cleaning treasures and watch the next issue for drop off times and locations. If you have any items you would like to have picked up phone Jennifer at 336-7902. Thanks for your support!

### Kiddie Corner Licensed Childcare

Has openings for full time and part time. This centre focuses on learning through playing in a family environment. Please call Dana at 250-336-0173. Hope to hear from you soon. Drop in available if space permits.

UROC donates cash to the **Cumberland Community Forest Society, No.6 Mine Park** and the **Chinese and Japanese Heritage Park**. We all use these resources and want to ensure they succeed and progress in their mission. It benefits the club and the community and that is why the United Riders of Cumberland are committed to donating to these organizations. Thank you to these organizations and to all UROC members & event participants out there.



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